



SECOND EDITION

EVIDENCE-BASED ORTHOPEDICS

EDITED BY
MOHIT BHANDARI

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Evidence Based Orthopedics Evidence Based Orthopedics

**Sattar Alshryda, James S. Huntley, Paul
A. Banaszkiewicz**



Evidence Based Orthopedics Evidence Based Orthopedics:

Evidence-Based Orthopedics Mohit Bhandari, 2021-09-27 Evidence Based Orthopedics is an up to date review of the best evidence for the diagnosis management and treatment of orthopedic conditions Covering orthopedic surgery as well as pre and post operative complications this comprehensive guide provides recommendations for implementing evidence based practice in the clinical setting Chapters written by leading clinicians and researchers in the field are supported by tables of evidence that summarize systematic reviews and randomized controlled trials In areas where evidence is insufficient to recommend a practice summaries of the available research are provided to assist in decision making This fully revised new edition reflects the most recent evidence using the approved evidence based medicine EBM guidelines and methodology The text now places greater emphasis on GRADE a transparent framework for developing and presenting summaries of evidence to allow readers to easily evaluate the quality of evidence and the strength of recommendations The second edition offers a streamlined presentation and an improved standardized format emphasizing how evidence in each chapter directly affects clinical decisions Incorporating a vast amount of new evidence Evidence Based Orthopedics Features thoroughly revised and updated content including a new chapter on pediatric orthopedics and new X ray images Provides the evidence base for orthopedic surgery as well as pediatric orthopedics and orthopedic conditions requiring medical treatment Covers the different methods for most orthopedic surgical procedures such as hip replacements arthroscopy and knee replacements Helps surgeons and orthopedic specialists achieve a uniform optimum standard through a condition based approach Aligns with internationally accepted guidelines and best health economic principles Evidence Based Orthopedics is an invaluable resource for orthopedic specialists surgeons trauma surgeons trainees and medical students Evidence-Based Orthopedics Mohit Bhandari, 2021-07-13 Evidence Based Orthopedics is an up to date review of the best evidence for the diagnosis management and treatment of orthopedic conditions Covering orthopedic surgery as well as pre and post operative complications this comprehensive guide provides recommendations for implementing evidence based practice in the clinical setting Chapters written by leading clinicians and researchers in the field are supported by tables of evidence that summarize systematic reviews and randomized controlled trials In areas where evidence is insufficient to recommend a practice summaries of the available research are provided to assist in decision making This fully revised new edition reflects the most recent evidence using the approved evidence based medicine EBM guidelines and methodology The text now places greater emphasis on GRADE a transparent framework for developing and presenting summaries of evidence to allow readers to easily evaluate the quality of evidence and the strength of recommendations The second edition offers a streamlined presentation and an improved standardized format emphasizing how evidence in each chapter directly affects clinical decisions Incorporating a vast amount of new evidence Evidence Based Orthopedics Features thoroughly revised and updated content including a new chapter on pediatric orthopedics and new X ray images Provides the evidence base for

orthopedic surgery as well as pediatric orthopedics and orthopedic conditions requiring medical treatment Covers the different methods for most orthopedic surgical procedures such as hip replacements arthroscopy and knee replacements Helps surgeons and orthopedic specialists achieve a uniform optimum standard through a condition based approach Aligns with internationally accepted guidelines and best health economic principles Evidence Based Orthopedics is an invaluable resource for orthopedic specialists surgeons trauma surgeons trainees and medical students

Pocket Orthopaedics: Evidence-Based Survival Guide Michael S. Wong,Wong,2009-10-20 Pocket Orthopaedics Evidence Based Survival Guide is a pocket guide for students in any orthopaedic course including physicians physical therapists and assistants occupational therapists and assistants chiropractors massage therapists and athletic trainers This useful resource is organized in a manner that is helpful for both students and clinicians The reader will find the information they need easily as the information is organized by body regions and includes medical screening differential diagnosis tables origin insertion nerve supply and action of muscles Suggestions for evaluation post surgical rehab protocols and evidence based parameters for modalities are also included in this must have guide

Orthopedic Traumatology Manish K. Sethi,William T. Obremskey,A. Alex Jahangir,2018-05-02 Now in its revised and expanded second edition this comprehensive user friendly text brings the latest evidence to bear on the diagnosis and management of orthopedic trauma patients Centering on clinical scenarios each chapter is based on a specific case Leaders in the field of orthopedic trauma provide their expert opinions on management strategies and techniques while using data as their guide The book is divided into sections covering the spine upper and lower extremities hip and acetabulum foot and ankle polytrauma infection and perioperative management New chapters in this edition discuss elbow fracture dislocations femoral neck fractures in the young Lisfranc injuries and acute post operative infection Each chapter describes and summarizes the data in a consistent structure but achieves this objective in a case based format Utilizing the latest literature Orthopedic Traumatology An Evidence Based Approach Second Edition will continue to serve as a guide for orthopedic residents and practicing physicians alike

Evidence-Based Medicine, An Issue of Orthopedic Clinics Frederick M. Azar,2025-11-19 In this issue of Orthopedic Clinics guest editors from the esteemed Campbell Clinic bring their considerable expertise to the topic of Evidence Based Medicine By systematically reviewing and applying findings from high quality studies orthopedic specialists can make more informed choices regarding treatment options surgical interventions and postoperative care including decision making for complex cases such as mangled lower extremities and other key topics in the field Contains 11 relevant practice oriented topics including evidence based advances in improving hip stability in THR preoperative patient optimizations to reduce complications following TKA evidence based decision making in geriatric proximal humerus fractures evidence based medicine of vertebral body tethering using evidence based guidelines to assess athletes readiness for return to sport following shoulder stabilization and more Provides in depth clinical reviews on evidence based medicine offering actionable insights for clinical practice Presents the

latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews Evidence-Based Medicine, An Issue of Orthopedic Clinics Frederick M. Azar, John C. Weinlein, Michael J. Beebe, Clayton C. Bettin, James H. Calandruccio, Benjamin J. Grear, Benjamin M. Mauck, William M. Mihalko, Jeffrey R. Sawyer, Patrick C. Toy, 2018-03-16 This issue of Orthopedics Clinics will be surveying a broad range of topics across sub specialty areas on Evidence based Medicine in Orthopedics Each issue in the series is edited by an experienced team of surgeons from the Campbell Clinic Articles will discuss the following topics among others Use of Tourniquets in Limb Trauma Surgery Cerebral Palsy Injection therapies for rotator cuff disease Antibiotic prophylaxis in shoulder and elbow surgery venous thromboembolism prophylaxis in shoulder surgery Patient Reported Outcomes in Foot and Ankle Surgery and VTED prophylaxis in foot and ankle surgery

Paediatric Orthopaedics Sattar Alshryda, James S. Huntley, Paul A. Banaszkiewicz, 2016-11-24 This book provides a refined clinical guide for evidence based recommendations in paediatric orthopaedics Focusing on specific body regions hip knees ankle and feet spine shoulder elbow and wrist and hand this resource addresses clinical questions related to conditions in these areas A background section in each chapter sets the scene for the best available practice and also appraises the evidence for its strength and weakness At the end of each chapter the authors provide recommendations on future research Evidence Based Paediatric Orthopaedics The Best Answers to Clinical Questions has been edited by a team of surgeons with a great interest in evidence based practice who have brought together an international experts to produce this timely book A wide spectrum audience including paediatric orthopaedic surgeons trauma surgeons orthopaedic residents emergency department doctors general practitioners and medical students looking for an evidence based approach to paediatric orthopaedics will find this book to be an essential guide for clinical practice Orthopedic Traumatology Manish K. Sethi, A. Alex Jahangir, William T. Obremskey, 2012-08-15 Physicians are under increasing pressure to provide quality health care in the most cost effective way possible The escalating costs of orthopedic care are driving the need to base clinical decision making on evidence based data that will help physicians provide optimal care to every patient Evidence based medicine is the future of orthopedic surgery In a world where the quality of surgical outcomes will be increasingly measured evidence based data will heavily guide decision making in orthopedic trauma Orthopedic Traumatology An Evidence Based Approach provides the reader with a focused and comprehensive review of the literature surrounding the management of the orthopedic trauma patient The book centers around clinical scenarios with each chapter based on a specific case Renowned orthopedic trauma surgeons from across the country serve as contributing authors writing based on these scenarios and giving their expert opinions on management while using data as their guide Each chapter describes and summarizes the data but achieves this objective in a case based format Each case is brief but includes relevant imaging The case scenarios are heavily weighted toward treatment of more controversial injuries As there is currently no book on the market that focuses

solely on orthopedic trauma and evidence based medicine this book is sure to be a useful reference for residents and practicing physicians alike *Evidence-based Orthopaedics* James Gardner Wright, 2009 Dr James Wright Associate Editor for the Journal of Bone and Joint Surgery presents this landmark publication and novel approach to orthopaedic problems and solutions This new evidence based reference examines clinical options and discusses relevant research evidence to provide you with expert recommendations for best practice The consistent chapter format and featured summary tables provide at a glance access to the evidence based literature and clinical options Leading authorities contribute their expertise so you can apply the most effective clinical solutions to the persistent questions you encounter in your practice You can even access the fully searchable and regularly updated text online The result is an outstanding resource in clinical orthopaedics as well as a valuable framework for translating evidence into practice Features the completely searchable text online via www.expertconsult.com with periodic updates to available evidence alerting you to changing evidence and guidelines Covers common and controversial clinical problems that address the full range of nagging questions in your practice such as the best treatment for displaced fractures of the distal radius or which DVT prophylaxis to use in joint replacement surgery Provides a consistent chapter format that presents clinical questions with evidence based graded recommendations for each treatment to help you make the best informed decisions Includes abundant summary tables that synthesize available literature and recommended clinical approaches for information at a glance Your purchase entitles you to access the website until the next edition is published or until the current edition is no longer offered for sale by Elsevier whichever occurs first If the next edition is published less than one year after your purchase you will be entitled to online access for one year from your date of purchase Elsevier reserves the right to offer a suitable replacement product such as a downloadable or CD ROM based electronic version should online access be discontinued Experimental Research Methods in Orthopedics and Trauma Hamish Simpson, Peter Augat, 2021-04-14 Covering all state of the art experimental research methods in orthopedic surgery and trauma From bioinformatics to nanotechnology advances in basic research ultimately drive advances in clinical care This book provides a comprehensive summary of all current research methodologies for translational and pre clinical studies in biomechanics and orthopedic trauma surgery With this roadmap at hand specialists and trainees will have the tools to conduct high quality experimental research in any area of musculoskeletal science with a solid understanding of how the findings can be applied in patient care Special Features Utilizes the principles and methodology of modern evidence based medicine in pre clinical musculoskeletal research Offers a comprehensive analysis of in vivo models for studying different components of the musculoskeletal system Demonstrates how principles of structural functional and numerical biomechanics can be utilized in well defined experimental research studies spanning topics from fracture fixation to gait analysis to bone remodeling Covers the role of new macroscopic CT and ultrasound imaging techniques for assessing bone and cartilage function Explores cutting edge developments in cell culture research molecular testing and tissue engineering Provides

practical advice a glossary of key terminology and hundreds of illustrations to familiarize clinicians with every aspect of designing and interpreting an effective research study With 54 state of the art chapters by orthopedic surgeons musculoskeletal physicians biologists engineers physicists and mathematicians *Experimental Research Methods in Orthopedics and Trauma* is the authoritative reference on the topic It is essential for clinicians basic researchers and orthopedic surgical trainees who need to understand experimental research methodology apply its findings and participate fully in research activities *Evidence Based Medicine in Orthopedic Surgery, An Issue of Orthopedic Clinics* Safdar N. Khan, Mark A. Lee, Munish C. Gupta, 2010-05-05 Articles include Definition and Principles Evidence Based Orthopaedics Is it possible Conflict of Interest and Orthopaedic Publications SPRINT Trial Clavicle fractures Intracapsular femur neck fractures SPORT trial Spinal stenosis Cervical spondylotic myelopathy anterior vs posterior approaches Total disc replacement vs Fusion Flexible constructs for spinal fusion DVT prophylaxis in adult reconstruction Hip resurfacing what is the evidence Graft selection type in ACL surgery LEAP Trial BESTT Trial SPORT trial Lumbar disc herniations SPORT trial Degenerative spondylolisthesis **An Evidence-Based Approach to the Fingertip Diseases** J. Terrence Jose Jerome, 2023-05-17 An Evidence Based Approach to the Fingertip Diseases is the first textbook written for all surgeons and physicians to help them understand normal fingertips anatomy embryology histopathology and microbiology The authors have written lucidly with illustrative diagrams and pictures to narrate the nuances of the fingertip and its pathological There are various studies and publications about fingertip injuries and amputations The book editor J Terrence Jose Jerome has written a chapter on surgical anatomy and classification of fingertip injuries This chapter gives a clear understanding of amputations based on anatomical structures and assists in the treatment plan for surgeons Infections of the fingertip are a vital topic for learning and effective treatment A chapter has been dedicated to discussing bacterial fungal and other infections of the fingertip Surgical treatment of these infections in the subsequent chapter briefly discusses the principle techniques procedures and outcomes Chapters on the management of fingertip amputations comprises advanced state of the art techniques and different reconstructive options for the surgeons to refresh and the aspirants to master from the beginning The range of management includes conservative reposition flaps reconstructive flaps microsurgery and super microsurgery and all components of the therapeutic armamentarium as the surgeon progresses to expert status Dedicated chapters on thumb injuries children s fingertip anomalies and injuries fractures dislocations of the fingertip benign and malignant tumors connective tissue disorders rehabilitation splints therapy and medico legal aspects of the fingertip precisely lend the book Key features The book chapters have been contributed by authors from around the world many of whom have pioneered the techniques they describe Surgical procedures are described in a step by step manner and illustrated in detail with high quality photographs illustrations and videos The writing style is accessible with interactive and reader friendly study in every chapter *Clinical Orthopaedic Rehabilitation* S. Brent Brotzman, Robert C. Manske, 2011-01-01 In *Clinical Orthopaedic*

Rehabilitation An Evidence Based Approach Dr S Brent Brotzman and Robert C Manske help you apply the most effective evidence based protocols for maximizing return to function following common sports injuries and post surgical conditions A well respected comprehensive source for evaluating treating and rehabilitating orthopaedic patients the 3rd Edition guides you on the prevention of running injuries the latest perturbation techniques and the ACL rehabilitation procedures and functional tests you need to help get your patients back in the game or the office You ll also find a brand new spine rehabilitation section an extensively revised art program and online access to videos demonstrating rehabilitation procedures of common orthopaedic conditions at www.expertconsult.com Get expert guidance on everything you may see on a day to day basis in the rehabilitation of joint replacements and sports injuries Apply evidence based rehabilitation protocols to common sports conditions like ACL and meniscus injuries and post surgical rehabilitation for the knee hip and shoulder See how to perform perturbation techniques for ACL rehabilitation ACL functional tests and return to play criteria after reconstruction analysis of running gait to prevent and treat running injury and more with videos online at www.expertconsult.com Use the expert practices described in Tendinopathy and Hip Labral Injuries part of the expanded Special Topics section to help patients realize quicker recovery times Visualize physical examination and rehabilitation techniques with the extensively revised art program that presents 750 figures and illustrations The new edition of the well respected Brotzman has been updated to consistently include evidence based rehabilitation protocols as well as comprehensive coverage and videos at a great value

Orthopedic Physical Examination Tests Chad Cook, Eric J. Hegedus, 2013 For courses in orthopedics physical therapy athletic training and physical examination in programs for healthcare providers including physicians nurses athletic trainers physician s assistants physical therapists and occupational therapists This is the field s most comprehensive evidence based guide to clinical tests for orthopedic physical examination It presents complete explanations and photography visualizing all commonly used physical exam tests for all body regions including both neurological screening tools and conventional tests The quality of research supporting each test is assessed using the QUADAS quality instrument which analyzes the extent to which bias may have influenced diagnostic values Diagnostic values are reported wherever they exist and summary Utility scores are provided for each test based on the authors interpretation of the research and their use of the tests in clinical practice This edition adds 200 new tests presents valuable clusters of tests and contains two entirely new chapters one on visceral assessment and medical screening and another on temporomandibular examination

Orthodontic and Dentofacial Orthopedic Treatment Thomas Rakosi, Thomas M. Graber, 2011-01-01 Written by experts in the field this essential atlas provides a comprehensive discussion of the safest fastest and most efficient evidence based orthodontic and dentofacial orthopedic treatments Leading clinicians provide information on innovative methods and materials including the twin block technique the functional magnetic system the interarch compression spring and the Invisalign system The book also contains thorough reviews of diagnostic principles preventive orthodontics early treatment options implants functional

therapeutic methods and treatment planning for mandibular distraction osteogenesis Instructive color photographs and illustrations accompany clinically relevant case studies that demonstrate key techniques and long term treatment results Highlights Clinical information on interceptive orthodontics including discussions of guided extraction and functional orthopedics The biomechanics of orthodontic therapy for fixed and removable appliances Discussion of anchorage control and septal arch mechanics The latest methods for solving tooth size discrepancies morphologic variations and recrowding in the lower anterior segment 1260 drawings radiographs and photos most in full color Packed with valuable information for dentists and maxillofacial surgeons Orthodontic and Dentofacial Orthopedic Treatment is crucial reading for every orthodontist and orthodontic student This textbook makes an excellent contribution for the orthodontists and orthodontic students Hellenic Orthodontic Review *Orthopedic Manual Therapy* Chad Cook, 2012 For all courses in orthopedic manual therapy This extensively updated text presents all modern foundations of orthopedic manual therapy including patient management clinical reasoning reflective practice and problem solving Its comprehensive regional approach to the body helps therapists synthesize new research didactic knowledge and clinical expertise The text first systematically explains assessment evaluation treatment and contraindications Next it offers in depth insights into regional musculoskeletal conditions supported by relevant anatomy biomechanics examination protocols treatment techniques and outcomes Scientific research is analyzed to support the tests techniques and clinical reasoning presented Hundreds of color images are provided together with extensive scientific bibliographies This edition's improvements include new chapters on neurodynamics and soft tissue mobilization more patient cases greater focus on clinical decision making and new video procedures at www.myhealthprofessionskit.com Quality Improvement and Patient Safety in Orthopaedic Surgery Julie Balch Samora, Kevin G. Shea, 2022-09-08 This practical unique textbook provides a foundation for the essential elements of patient safety and quality improvement QI for orthopaedic trainees though the content covered will be of interest to veteran clinicians as well Currently there are few existing resources and didactics focused on this crucial yet often overlooked area of medical practice which makes this the first true textbook on the subject within the field of orthopaedic surgery Utilizing a user friendly approach including generous figures tables and bulleted key points the text presents comprehensive background information on QI principles models and patient safety More specifically it focuses on orthopaedic concerns such as biologics and implants registries checklists surgical site infection risk reduction use of evidence based medicine and care maps simulation to improve care and shifting from volume to value among others Related topics such as diversity and inclusion provider wellness strategies leadership strategies to develop an efficient and safe work culture and innovation are also presented Throughout the aim is to demonstrate that QI is a multidisciplinary goal that can only flourish in an environment of supportive accountability With contributions by leaders in the field Quality Improvement and Patient Safety in Orthopaedic Surgery provides trainees and surgeons in the field a valuable and pragmatic toolkit for successful and sustainable clinical

practice Orthopaedic and Trauma Nursing Sonya Clarke, Julie Santy-Tomlinson, 2014-09-22 Orthopaedic and Trauma Nursing provides practitioners working in orthopaedic and musculoskeletal trauma settings with the essential evidence guidance and knowledge required to underpin effective practice This comprehensive and contemporary textbook explores the variety of adult and paediatric clinical settings where orthopaedic and trauma practitioners work including acute wards clinics community hospitals nursing homes and patients homes Divided into 5 sections this book looks at key issues in orthopaedic and musculoskeletal trauma care specialist practice issues common orthopaedic conditions and their care and management musculoskeletal trauma care and care of children and young people Suitable for students at degree level as well as those clinicians practicing in more advanced orthopaedic and trauma care roles Orthopaedic and Trauma Nursing is a foremost authority on orthopaedic and musculoskeletal practice for both students and practitioners Orthopaedic and Trauma Nursing Is strongly supported by the latest evidence with chapters summarizing evidence with reference to relevant and seminal research Offers practical guidance based on the relevant evidence Focuses on the perspective of the patient with patient narrative and case studies throughout Includes a section specifically dealing with children and young people

Orthodontic Flow Mechanics : Interactive Self-ligation (ISL) John C. Voudouris, 2003 **Outlines in Orthopaedic Surgery** Valentin Antoci, Adam E.M. Eltorai, 2019-10-25 Pocket size user friendly roadmap to learning the basic skills of orthopaedic surgery Surgery requires a combination of knowledge and skill acquired through years of direct observation mentorship and practice The learning curve can be steep frustrating and intimidating for many medical students and junior residents Too often books and texts that attempt to translate the art of surgery are far too comprehensive for this audience and counterproductive to learning important basic skills to succeed Outlines in Orthopaedic Surgery by Valentin Antoci and Adam Eltorai is the orthopaedic volume in a series of textbooks that offer a simplified roadmap to surgery The text serves as starting point for learning orthopaedic surgery techniques with room for adding notes details and pearls collected during the journey This unique resource outlines key steps for common orthopaedic procedures laying a solid foundation of basic knowledge from which trainees can easily build and expand Thirty five chapters are systematically organized and formatted by subspecialty starting with an introduction followed by sections covering surgery of the hand shoulder and elbow joint arthroplasty sports orthopaedics spine surgery orthopaedic trauma foot and ankle and pediatrics Each chapter includes symptoms and signs surgical pathology diagnostic modalities differential diagnosis treatment options indications for surgical intervention step by step procedures pitfalls and prognosis Key Features Concise text and bullets provide quick procedural outlines essential for understanding procedural steps The generously illustrated text encompasses a full spectrum of musculoskeletal disorders related to degenerative changes injuries and congenital conditions Treatment of a variety of fractures including both bones of the forearm Monteggia and olecranon lateral malleolus bimalleolar ankle and supracondylar humeral and intramedullary fixation of forearm fractures in pediatric patients This is an ideal easy to read

resource for medical students and junior residents to utilize during orthopaedic surgery rotations and for quick consultation during the early years of practice It will also benefit allied health professionals who need a quick guide on core orthopaedic surgery procedures

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