

Familias Inteligentes

Claves prácticas para educar



Método innovador basado en la evidencia para mejorar la convivencia familiar

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Antonio Ortuño Terriza



Familias Inteligentes

Familias Inteligentes Claves Practicas Para La Educacion

Michael Hoelscher



Familias Inteligentes Claves Practicas Para La Educacion:

Familias inteligentes Antonio Ortuño Terriza, 2012 Familias inteligentes Antonio Ortuño Terriza, Cada vez hay más libros en el mercado que abordan temas educativos y familiares Algo que deber a ser visto como positivo no lo es tanto Al consultar en internet al leer un libro o un artículo sobre cómo actuar ante cualquier conflicto cotidiano familiar pueden ocurrir varias cosas En concreto queremos resaltar tres Se puede llegar a recomendar una pauta educativa y la contraria Como dicen las familias No os aclaréis Que si castigos si castigos no Que si hay que tener niños obedientes o responsables Que si los límites o de otra manera Las recomendaciones están plagadas de mensajes correctores informaciones centradas en lo que no deben hacer las familias no en lo que se puede hacer Irremediablemente este tipo de comunicación negativa genera casi siempre sentimientos de culpabilidad Como relatan algunas familias nos sentimos continuamente regañados nos decen todo el rato lo que hay que hacer que no hay que gritar que no hay que castigar que no pero y qué Algunas informaciones que llegan a las familias las tildan de vendehumos repletas de un lenguaje genérico y a veces excesivamente técnico que no ayuda a bajar a tierra que no facilitan el cambio en las prácticas educativas en el día a día Por ejemplo a las familias se les informa una y otra vez de diferentes fuentes que tienen que poner límites a sus hijos e hijas pero quien les dice cómo El libro Familias Inteligentes claves prácticas para educar expone herramientas educativas que han funcionado con eficiencia en miles de hogares De una forma sencilla y amena se presentan situaciones que a diario inundan cualquier hogar Las claves que van a encontrar las familias están fundamentadas en sus fortalezas potenciando estrategias motivacionales que favorezcan los cambios de lo que no funciona en su convivencia cotidiana Puede resultar de utilidad a una cantidad muy diversa de personas y familias tal y como se configura ahora nuestra sociedad La propuesta se adapta a cualquier tipo de familia a cualquier problemática educativa y psicológica y a cualquier edad que tenga la prole El libro está destinado no sólo a familias si no a cualquier profesional que trabaje con familias Las ideas que contiene se pueden utilizar tanto en las terapias como en los procesos grupales como escuelas de familias La parentalidad positiva invade cada hueco del libro La responsabilidad y la educación se lleva bien con el lenguaje en positivo Utiliza un lenguaje cercano divulgativo y exento de tecnicismos Queremos que la psicóloga se convierta en algo que tenga una influencia real en el bienestar y en la felicidad de las personas y las familias Para ello traducimos el lenguaje técnico para que pueda ser aplicable a cualquier contexto familiar Por ejemplo usamos dos personajes que ayudan a fomentar la inteligencia emocional sin necesidad de hablar de funciones ejecutivas tortuga o del sistema límbico liebre Utilizamos la herramienta del semáforo inteligente decir No negociar y traspasar responsabilidades que es muy útil y eficiente a las familias para poner límites de manera respetuosa para distribuir las responsabilidades acordes a cada etapa evolutiva para resolver los conflictos cotidianos de manera positiva En definitiva para construir una familia inteligente Queremos que la inteligencia emocional se tenga en cuenta a la hora de poner límites educativos Cualquier recomendación educativa que se oferta desde el libro está basada en dos funciones parentales la aceptación

n incondicional y el control respetuoso Por un lado c mo se atienden a las emociones de los hijos e hijas y por otro lado c mo se gestionan los conflictos de forma positiva coherente y respetuosa sin perder de vista el plano emocional Es decir amables con las emociones y firmes y coherentes con las conductas En resumen estamos ante un libro que es de lectura f cil amena y comprensible no es un libro de autoayuda es un libro de ayuda que es mucho mejor est escrito desde la experiencia acumulada de mucho trabajo con familias ni os y ni as puede resultar de utilidad a una cantidad muy diversa de personas y familias tal y como se configura ahora nuestra sociedad y que aporta una metodolog a que pretende sobre todo ayudar a las familias a que sus hijos e hijas en definitiva sean buenas personas Antonio Ortu o Terriza **Familias inteligentes** Antonio Ortu o Terriza,2024 Boletin Internacional de Bibliografia Sobre Educacion ,2003 *El desconcierto de la educaci n* Salvador Card s,2007 El desconcierto de la educaci n no es un libro de recetas pero la compresi n del desconcierto puede favorecer una suerte de conciencia personal que permita respuestas pr cticas Estamos en definitiva ante un libro til Salvador Card s no comparte en absoluto los criterios morales catastrofistas con que muchos juzgan los problemas actuales de la educaci n que los padres no quieren educar que los j venes pasan de todo que los maestros han perdido la vocaci n que vamos a la deriva por una profunda crisis de valores La cuesti n es encontrar a los culpables morales del gran desconcierto que padece la educaci n El autor reacciona contra esos planteamientos y nos ofrece un an lisis de la realidad con una mirada l cida y objetiva Los once cap tulos de que consta el libro sugieren la voluntad de provocar en el lector una amplia y nueva reflexi n abordando cuestiones como las dificultades del papel de los padres o las ventajas de la televisi n Delibros ,2010 Bibliograf a espa o la ,2001-04 *Claves de La verdad sospechosa*, Juan Ruiz de Alarc n John London,1990 *Belisario Betancur* Augusto Calder n, Germ n Manga H.,1982 **Belisario Betancur, la voluntad de un pueblo!** Belisario Betancur,1981 **Cultura sexual latinoamericana** ,1989 **Letras libres** ,2009 **Revista de la Universidad Aut noma de Yucat n** ,1990 *Peronistas para el debate nacional* ,2003 Libros espa o les ,1979 **Bolet n de la Instituci n Libre de Ense a nza** ,1989 **Comunicacao, informacao e opiniao publica** ,2001 **Estrategia econ mica y financiera** ,1996 **La Educaci n** ,1995 Libros espa o les en venta ,1997

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